

V. K. KRISHNA MENON COLLEGE OF COMMERCE AND ECONOMICS AND SHARAD SHANKAR DIGHE COLLEGE OF SCIENCE AND P. A. MENON COLLEGE OF MANAGEMENT

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Details of activities conducted by the Committee for Academic Year 2023-24

Name of the Committee: - Women Development Council

Name of the Committee Convener - Dr.Ruchi Tandon

Activities at College Level

Sr. No.	Date/s of Event From To	Title / Theme of Event	Brief Detail of a activity	No. of Beneficiaries
1	21.06.2023 22.06.2023	International yoga day Celebrat	Jointly organized by CGSA, Ambika Yog Kutir, and Decathlon - 32 NSS students, 66 BMS and BAF students, and 338 students of P.A. Menon English High School students participated - Yoga asanas were performed following the International Yoga protocol - Decathlon distributed medals to all participants Resource Persons were Yoga trainers from Shri Ambika yog kutir and PT teacher Mrs Shubhangi Mandhare from P.A.Menon English High School,.	32+338+66
2	08.09.2023 -	Poster Exhibition on health and nutrition	A poster exhibition on health and nutrition was organized in collaboration with DLLE, featuring 19 student-created posters. The event aimed to raise awareness about the importance of healthy habits and proper nutrition among SYBCOM students. The posters showcased creative and informative content, highlighting various aspects of health and nutrition. The poster exhibition was a fruitful initiative, promoting health awareness and education among the students. A poster exhibition on health and nutrition was organized in collaboration with DLLE, featuring 19 student-created posters. The event aimed to raise awareness about the importance of healthy habits and proper nutrition among SYBCOM students. The posters showcased creative and informative content, highlighting various aspects of health and nutrition. The poster exhibition was a fruitful initiative, promoting health awareness and education among the students.	19

3	03.10.2023		workshop on sexual harassment at work place	The Women's Development Cell , CGSA and the Business Law Department of our college organized a transformative workshop on the prevention of sexual harassment. This crucial session, led by a leading lawyer Adv. Reshma Jagtap specializing in this area, aimed to equip participants with the knowledge and tools necessary to address and prevent instances of sexual harassment in professional settings. With over 25 participants from various departments and levels within the college, the workshop provided a platform for open dialogue and meaningful talk surrounding the complexities of the topic. The legal expert, drawing from extensive experience in handling such cases, elucidated the legal framework, ensuring participants understood their rights and responsibilities. Through interactive activities, case studies, and role-playing scenarios, participants gained practical insights into recognizing and effectively responding to instances of harassment, thereby empowering them to create safer workspaces for all.	25
4	30.11.2023		Seminar on Women's health and hygiene	jointly organized with KARTAVYA charitable trust. Students of BMS and BAF participated in the Seminar. A kite was distributed by the foundation to all the participant girls	312 females
5	12.12.2023		Khoj a Motivational Activity	jointly organized with KARTAVYA charitable trust. An Aptitude exam was conducted for Grade 3 to grade 10 students of P.A.Menon English High School to know their talent and basic skills.	492
6	18.12.2023		Creative writing competiton on Environment and Social issues	Jointly organized with DLLE, Students were shown a picture and 30 min time limit was given. It was conducted in room no 202at 11am.	Make 10, female 12 total 22

7	12.1.2024		Intercollegiate Short film Making Competition	<p>Jointly conducted with DLLE. On the occasion of Youth day a short film making competition was organised online on the theme 1. Women Empowerment, 2. Problem of Youth, 3. Status of Women in the society. A padlet wall was provided to the students to submit their short films. This platform allowed for easy sharing and viewing of the submissions. A total of four short films were received, each reflecting the creativity and perspectives of the students on the given themes. The short film competition provided an excellent platform for students to express their views and creativity on important social issues. The diversity in the approaches and storytelling techniques reflected the multifaceted nature of these themes. The submissions were well-received, and the use of the padlet wall facilitated an interactive and engaging experience for both participants and viewers. This competition not only celebrated Youth Day but also emphasized the importance of dialogue and awareness around critical societal issues.</p>	21
8	24.1.2024		Intercollegiate Short film Making Competition during Ahimsa Week	<p>Jointly organised with CGSA, Theme was Harmony Unveiled Women Nature and Ahimsa A padlet wall was provided to the participants for the submission of their short films. This digital platform allowed for easy access and viewing of the films, fostering an interactive and collaborative environment for all participants and viewers. The intercollegiate short film competition "Harmony Unveiled: Women, Nature, and Ahimsa" was a resounding success. It provided a platform for young filmmakers to explore and express the profound connections between women, nature, and non-violence. The collaboration with the Centre of Gandhian Studies and Action was crucial in bringing this vision to life. The event not only showcased the creative abilities of the students but also highlighted the importance of integrating Gandhian principles into contemporary societal and environmental issues.</p>	2 teams each of 10 participants

9	27.1.24		Intercollegiate Reel making Competition	<p>In collaboration with the Centre of Gandhian Studies and Action (CGSA), our institution organized an intercollegiate reel-making competition themed "Status of Women: Then and Now." This competition aimed to provide a creative platform for students to explore and depict the evolution of women's roles and status in society through 2-minute reels. A padlet wall was provided for the submission of the reels. This platform facilitated easy access and viewing, allowing participants and viewers to engage with the content interactively. A total of seven groups participated in the competition, each presenting their unique perspectives on the theme. The intercollegiate reel-making competition "Status of Women: Then and Now" was a successful event that provided a dynamic platform for students to explore and express the evolution of women's roles and status.</p>	28 (7 groups)
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10	15.2.24		Drug awareness campiagn	<p>An Anti-Drug Addiction Campaign was jointly organized by the National Academy of Customs, Indirect Taxes, and Narcotics (NACIN) and our institution. The campaign targeted students from Junior College and P.A. Menon English High School, specifically those in grades 9 and 10. The event took place in the auditorium, aiming to educate and sensitize young minds about the dangers of drug addiction.Event Highlights</p> <p>Presentations by NACIN Officials:</p> <p>The campaign commenced with a detailed PowerPoint presentation by NACIN officials. The presentation covered various harmful drugs, their physical and psychological effects, and the legal consequences of drug abuse.</p> <p>Students were informed about the different types of drugs, including narcotics, stimulants, depressants, and hallucinogens. The presentation also highlighted the signs of drug addiction and how to seek help.</p> <p>Skit on Drug Addiction:</p> <p>Following the presentation, a skit was performed by the NACIN officials. The skit vividly portrayed the journey of an individual falling into the trap of drug addiction and the subsequent impact on their personal life, family, and society.</p> <p>The skit was an effective medium to illustrate the destructive nature of drug addiction, showcasing scenarios that were relatable and thought-</p>	male 99 female 73 total 172
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11	20.2.2024		<p>International Conference on Empowering Women : the legacy of Gandhi and Kasturba</p>	<p>In collaboration with the Centre of Gandhian Studies and Action (CGSA), our institution organized an international conference titled "Empowering Women: The Legacy of Gandhi and Kasturba." The conference aimed to explore and celebrate the contributions of Mahatma Gandhi and Kasturba Gandhi to women's empowerment and to discuss contemporary issues related to gender equality. 1st speaker Prof. Dr. Vidya Jain spoke insightfully on how Gandhi's ideologies were greatly influenced by the pivotal women in his life - his mother and his wife, Kasturba. She elaborated on how their strength and principles played a crucial role in shaping Gandhi's approach to life and politics. Dr. Jain's address on feminism included the example of Draupadi from the Mahabharata, highlighting the historical roots of feminist ideology and its relevance in contemporary society. 2nd speaker Dr. Neeta Khandpekar, who presented a detailed talk on Kasturba Gandhi. Drawing from a rich collection of books and historical maps, Dr. Khandpekar shared insightful facts about Kasturba's life and contributions. She highlighted Kasturba's role in the Indian independence movement and her influence on Gandhi's ideologies. Dr. Khandpekar's speech offered a deeper understanding of Kasturba's impact on Gandhi's work and the empowerment of women in India. Another international Speaker Dr. Bernedette Muthian delivered a profound speech on Gandhi's philosophy, his teaching methods, and his views on the nature of humanity. She spoke about the concept of 'mother as creator' and the essence of life, drawing attention to the</p>	<p>male5 female 44 total 49</p>
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12	22.2.2024		Seminar on awareness of Womens law	<p>In collaboration with the National Service Scheme (NSS), our institution organized a seminar titled "Awareness on Women's Law." The seminar was conducted in the auditorium and targeted senior college students and high school students of P.A. Menon English High School. The aim was to educate and sensitize students about the legal rights and protections available to women. Dr. Hema Mehta is a renowned faculty from Tolani College and advocate with extensive experience in women's legal rights. She has been actively involved in legal advocacy, education, and awareness programs related to gender justice and women's empowerment. Dr. Mehta provided a comprehensive overview of the various laws and legal provisions designed to protect women's rights in India. She covered critical areas such as domestic violence, sexual harassment, property rights, and workplace discrimination. The seminar on "Awareness on Women's Law" successfully achieved its objective of educating students about the legal rights and protections available to women. The collaboration with the NSS and the expertise of Dr. Hema Mehta were instrumental in delivering a comprehensive and impactful session. Such initiatives are vital in empowering young minds with the knowledge and confidence to advocate for gender justice and equality in their communities.</p>	212 females
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Activities at Inter-collegiate/ University/ State/ National/ International Level

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2	27.1.24		Intercollegiate Reel making Competition	In collaboration with the Centre of Gandhian Studies and Action (CGSA), our institution organized an intercollegiate reel-making competition themed "Status of Women: Then and Now." This competition aimed to provide a creative platform for students to explore and depict the evolution of women's roles and status in society through 2-minute reels.A padlet wall was provided for the submission of the reels. This platform facilitated easy access and viewing, allowing participants and viewers to engage with the content interactively.A total of seven groups participated in the competition, each presenting their unique perspectives on the theme.The intercollegiate reel-making competition "Status of Women: Then and Now" was a successful event	28 (7 groups)

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